

## Having Heart

Today, at least in the United States, there is a prevailing perception that decisions are weighed out by consulting the head and the heart. What is meant by the heart is emotion or feeling. But emotions, feelings, and appetites flow from the gut rather than the heart.

Personal decisions are made out by consulting at least the head (I think ...), the gut (I feel ...), and the heart (I love ...).

C.S. Lewis observed the heart is where affections and sentiments reside.

I think one thing. I feel another. I do what I have an affection for, what I love.

How then do I prioritize what I have an affection for, what I love?

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